



Personal Development and Citizenship (Including Relationship, Sex Education) Long Term Coverage CYCLE 2

Building tomorrow, leading the way...



Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Positivity	Safety	Respect	Learning	Happiness	Kindness
Strand of learning	Strand of learning	Strand of learning	Strand of learning	Strand of learning	Strand of learning
<u>Personal and Social development:</u>	<u>Personal and Social development:</u>	<u>Personal and Social development:</u>	<u>Personal and Social development:</u>	<u>Personal and Social development:</u>	<u>Personal and Social development:</u>
Self regulation	Self regulation	Self regulation	Self regulation	Self regulation	Self regulation
Managing self	Managing self	Managing self	Managing self	Managing self	Managing self
Building relationships	Building relationships	Building relationships	Building relationships	Building relationships	Building relationships
Teaching resource	Teaching resource	Teaching resource	Teaching resource	Teaching resource	Teaching resource
Picture News resources.	Picture News resources.	Picture News resources.	Picture News resources.	Picture News resources.	Picture News resources.
Early Years Foundation stage forum	Early Years Foundation stage forum	Early Years Foundation stage forum	Early Years Foundation stage forum	Early Years Foundation stage forum	Early Years Foundation stage forum
Emotion Coaching	Emotion Coaching	Emotion Coaching	Emotion Coaching	Emotion Coaching	Emotion Coaching
BBC Bitesize—let's talk about families	BBC Bitesize—let's talk about families	BBC Bitesize—let's talk about families	BBC Bitesize—let's talk about families	BBC Bitesize—let's talk about families	BBC Bitesize—let's talk about families
Happy mind sessions	Happy mind sessions	Happy mind sessions	Happy mind sessions	Happy mind sessions	Happy mind sessions
Circle time	Circle time	Circle time	Circle time	Circle time	Circle time
Social stories	Social stories	Social stories	Social stories	Social stories	Social stories
ELSA support	ELSA support	ELSA support	ELSA support	ELSA support	ELSA support
	PANTS			PANTS reminder	
Additional Coverage (Citizenship)	Additional Coverage (Citizenship)	Additional Coverage (Citizenship)	Additional Coverage (Citizenship)	Additional Coverage (Citizenship)	Additional Coverage (Citizenship)
Values Day	Values Day	Values Day	Values Day	Values Day	Values Day
Black History Month	Anti Bullying Week	E-Safety Week	Science Week	Wellbeing Wednesday/ mindfulness	Wellbeing Wednesday/ mindfulness
Voting for school council	Remembrance	Wellbeing Wednesday/ mindfulness	Wellbeing Wednesday/ mindfulness		
Wellbeing Wednesday/ mindfulness	PANTS assembly				
	Wellbeing Wednesday/ mindfulness				

Y1&2



PERSONAL DEVELOPMENT AND CITIZENSHIP Cycle 2 Long Term Coverage



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Autumn 1 Positivity	Autumn 2 Safety	Spring 1 Respect	Spring 2 Learning	Summer 1 Happiness	Summer 2 Kindness
Strand of learning	Strand of learning	Strand of learning	Strand of learning	Strand of learning	Strand of learning
Online relationships	Preparing to play an active role as citizens including equality	Physical health and fitness	Preparing to play an active role as citizens including equality	Relationships and sex education	Preparing to play an active role as citizens including equality
Physical health and fitness	Respectful Relationships	Developing a healthy, safer lifestyle	Mental wellbeing	Preparing to play an active role as citizens	Physical health and fitness
First Aid	Physical health and fitness	Preparing to play an active role as citizens	Physical health and fitness	Physical health and fitness	
Preparing to play an active role as citizens					
Mental wellbeing					
Teaching resource	Teaching resource	Teaching resource	Teaching resource	Teaching resource	Teaching resource
School PE Curriculum (Supporting daily Flipchart)	Expect Respect 'Genders, careers and assumptions.'	School PE Curriculum (Supporting daily Flipchart)	PSHE Association Lesson 4 — saved in folder	<u>Y1 Respect Yourself</u> P273	School PE Curriculum (Supporting daily Flipchart)
Picture News resources	P31—P36	Picture News resources	School PE Curriculum (Supporting daily Flipchart)	<u>Y2 Respect Yourself</u> P285	Picture News resources
Champion Red Cross Ppt saved in folder	School PE Curriculum (Supporting daily Flipchart)	Respect Yourself 'Eat better'. P43	Picture News resources <u>Equality - ppt saved in curriculum folder - Lesson 5</u>	School PE Curriculum (Supporting daily Flipchart)	<u>Equality - ppt saved in curriculum folder - Lesson 6</u>
PSHE Association Lesson 3— saved in folder	Picture News resources <u>Equality - ppt saved in curriculum folder - Lesson 4</u>	LESSONS 3 AND 4		Picture News resources	
Additional Coverage (Citizenship)	Additional Coverage (Citizenship)	Additional Coverage (Citizenship)	Additional Coverage (Citizenship)	Additional Coverage (Citizenship)	Additional Coverage (Citizenship)
Values Day	Values Day	Values Day	Values Day	Values Day	Values Day
Black History Month	Anti Bullying Week	E-Safety Week	Science Week	Wellbeing Wednesday/ mindfulness	Wellbeing Wednesday/ mindfulness
Voting for school council	Remembrance	Wellbeing Wednesday/ mindfulness	Wellbeing Wednesday/ mindfulness		
Wellbeing Wednesday/ mindfulness	PANTS assembly Wellbeing Wednesday/ mindfulness				

Y3&4



PERSONAL DEVELOPMENT AND CITIZENSHIP

Cycle 2 Long Term Coverage



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Autumn 1 Positivity	Autumn 2 Safety	Spring 1 Respect	Spring 2 Learning	Summer 1 Happiness	Summer 2 Kindness
Strand of learning	Strand of learning	Strand of learning	Strand of learning	Strand of learning	Strand of learning
Online relationships Physical health and fitness First Aid Preparing to play an active role as citizens Mental wellbeing	Preparing to play an active role as citizens including equality Respectful Relationships Caring friendships Physical health and fitness	Physical health and fitness Developing a healthy, safer lifestyle Preparing to play an active role as citizens Mental wellbeing	Preparing to play an active role as citizens including equality Developing a healthy, safer lifestyle - Physical health and fitness	Relationships and sex education Preparing to play an active role as citizens Physical health and fitness	Developing good relationships and respecting the differences between people including equality - Physical health and fitness Mental wellbeing
Teaching resource	Teaching resource	Teaching resource	Teaching resource	Teaching resource	Teaching resource
School PE Curriculum (Supporting daily Flipchart)	Expect Respect Examining violence, excuses and responsibility. P40—P43	School PE Curriculum (Supporting daily Flipchart) Picture News resources	Respect Yourself 'Eat better'. P73 LESSON 2	<u>Y3 Respect Yourself</u> P293 <u>Y4 Respect Yourself</u> P307	School PE Curriculum (Supporting daily Flipchart) Picture News resources
Picture News resources Champion Red Cross Ppt saved in folder	School PE Curriculum (Supporting daily Flipchart) Picture News resources	Respect Yourself 'Eat better'. P69 LESSON 1	School PE Curriculum (Supporting daily Flipchart) Picture News resources	School PE Curriculum (Supporting daily Flipchart) Picture News resources	PSHE Association Lessons 2 and 4 — saved in folder
PSHE Association Lesson 1— saved in folder	Equality - ppt saved in curriculum folder - Lesson 4	PSHE Association Lesson 3— saved in folder	Equality - ppt saved in curriculum folder - Lesson 5		Equality - ppt saved in curriculum folder - Lesson 6
Additional Coverage (Citizenship)	Additional Coverage (Citizenship)	Additional Coverage (Citizenship)	Additional Coverage (Citizenship)	Additional Coverage (Citizenship)	Additional Coverage (Citizenship)
Values Day Black History Month Voting for school council Wellbeing Wednesday/ mindfulness	Values Day Anti Bullying Week Remembrance PANTS assembly Wellbeing Wednesday/ mindfulness	Values Day E-Safety Week Wellbeing Wednesday/ mindfulness	Values Day Science Week Wellbeing Wednesday/ mindfulness	Values Day Wellbeing Wednesday/ mindfulness	Values Day Wellbeing Wednesday/ mindfulness

Y5&6



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Autumn 1 Positivity	Autumn 2 Safety	Spring 1 Respect	Spring 2 Learning	Summer 1 Happiness	Summer 2 Kindness
Strand of learning	Strand of learning	Strand of learning	Strand of learning	Strand of learning	Strand of learning
First Aid	Respectful Relationships	Physical health and fitness	Physical health and fitness	Relationships and sex education	Preparing to play an active role as citizens including equality
Preparing to play an active role as citizens	Physical health and fitness	Developing a healthy, safer lifestyle	Developing a healthy, safer lifestyle	Preparing to play an active role as citizens	Mental wellbeing
Mental wellbeing	Preparing to play an active role as citizens	Preparing to play an active role as citizens	Preparing to play an active role as citizens	Physical health and fitness	Physical health and fitness
Preparing to play an active role as citizens		Mental wellbeing	Mental wellbeing		
Teaching resource	Teaching resource	Teaching resource	Teaching resource	Teaching resource	Teaching resource
School PE Curriculum (Supporting daily Flipchart)	Expect Respect Court room game P49-57	School PE Curriculum (Supporting daily Flipchart)	Respect Yourself 'Eat better'. P111 LESSON 4	<u>Y5 Respect Yourself</u> <u>Open Year 1–6 respect Yourself</u> P324	School PE Curriculum (Supporting daily Flipchart)
Picture News resources	School PE Curriculum (Supporting daily Flipchart)	Picture News resources Respect Yourself 'Eat better'. P108	School PE Curriculum (Supporting daily Flipchart)	<u>Y6</u> <u>Open Year 6 - 7 respect Yourself</u>	Picture News resources
Champion Red Cross Ppt saved in folder	Picture News resources Equality - ppt saved in curriculum folder - Lesson 3	LESSON 3 PSHE Association Lesson 2— saved in folder	Picture News resources PSHE Association Lesson 3— saved in folder	P26 School PE Curriculum (Supporting daily Flipchart) Picture News resources	PSHE Association Lesson 4— saved in folder
PSHE Association Lesson 1— saved in folder					
Additional Coverage (Citizenship)	Additional Coverage (Citizenship)	Additional Coverage (Citizenship)	Additional Coverage (Citizenship)	Additional Coverage (Citizenship)	Additional Coverage (Citizenship)
Values Day	Values Day	Values Day	Values Day	Values Day	Values Day
Black History Month	Anti Bullying Week	E-Safety Week	Science Week	Wellbeing Wednesday/ mindfulness	Wellbeing Wednesday/ mindfulness
Voting for school council	Remembrance	Wellbeing Wednesday/ mindfulness	Wellbeing Wednesday/ mindfulness		
Wellbeing Wednesday/ mindfulness	PANTS assembly Wellbeing Wednesday/ mindfulness				