



*Building tomorrow,
leading the way.*

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31st January 2025

Dear Parents and Carers,

We are very excited to announce our **Children's Mental Health and Wellbeing Festival** again this year. It will take place during children's mental health week 3rd -7th February 2025.

Excitingly Place2Be have teamed up with Disney's Inside Out 2 this year and the theme is "Know yourself, Grow yourself".



Over the week we will have lots of activities planned for our children, families and staff, such as:-

- Dress as an emotion character
- Whole school laughtercise session
- Art activities
- Self-care activities
- Crafts
- Relax and recharge activities

We will be in touch closer to the date with a confirmed timetable of events / activities and details. We look forward to working with you and the children to celebrate looking after our mental health and wellbeing.

As always, any questions or suggestions then please let us know.

Kind Regards,

The Wellbeing Committee.

Mrs Jo Clarke, Mr Robbie Evans & Mrs Lisa Batchelor



Positivity



Respect



Kindness



Safety

Happiness

Learning

