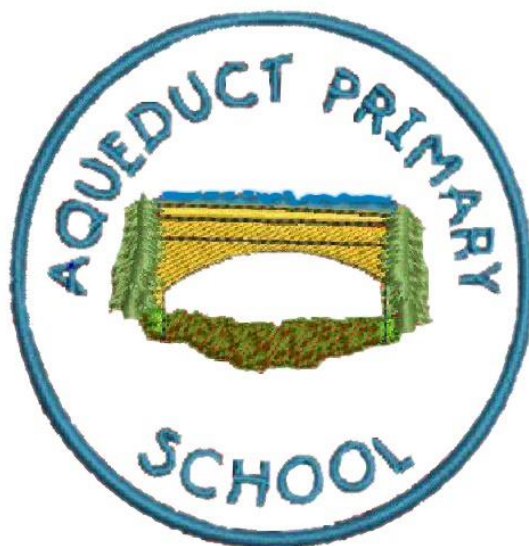


Aqueduct Primary School Physical Education Policy



2022

Adopted by staff and Governors on _____

To be reviewed before _____

Our Strapline

Building tomorrow, Leading the way ...

Our Values

Positivity, happiness, learning, kindness, safety and respect.

PE lead: Robbie Evans

Policy Statement and Curricular Aims

Aqueduct Primary School provide an exciting, balanced and varied programme of activities in physical education that will contribute to each child's physical and emotional development. We strive to create a positive attitude towards P.E. with correct teaching. It is hoped that the children will gain enjoyment from physical education and pursue sporting activities in their private lives, whilst also promoting a healthy lifestyle. All pupils from Years 1 - 6 will participate in two weekly PE lessons. One session will be led by a specialist sports teacher and the second by their class teacher. During EYFS and KS1 (EYFS- Year 2), children focus on developing key skills such as throwing and catching, running, balancing, performing sequences of movement, these are known as the FUNdamentals which will give them the skills to progress into KS2 PE. During KS2 (Years 3-6), pupils develop and refine these skills and apply them to different games/sports. For example hockey, basketball, tennis, Tag-Rugby, athletics, dance and gymnastics where they begin to develop tactical and teamwork skills.

We introduce children to a range of sporting activities and encourage them to appreciate how such interests can enrich their lives. Investment into the playground has led to it being clearly marked out to encourage netball, football and hockey. We also have a newly built, weather-proof track which is located on our school field. Here, the children can socialise whilst exercising at break and lunchtimes and also use it to improve their stamina when practicing for cross country.

We also provide a number of fantastic 'extra-curricular' sport sessions as we feel physical potential can be enhanced by including children in teams for internal and external competitive events. During the Summer Term all of KS2 have weekly swimming sessions at Abraham Darby Academy and we aim for all pupils leaving the school to be able to swim at least 25m. Another exciting opportunity offered is that all pupils in year 6 have the

chance to attend Arthog Outdoor Education Centre on a school residential providing an exceptional and extremely memorable outdoor experience. Here children enhance their teamwork and resilience in a wide range of activities, many of which they have never tried before. These include Kayaking, raft building, rock climbing and abseiling, gorge walking and mountain walking.

Thanks to strong links with local sporting clubs, we are able to help and direct individuals who wish to develop their sporting activities further. The school aims to try and ensure that each child achieves their true potential in the range of sporting activities it provides.

School websites are now required to include details of their provision of PE and sport, alongside details of their broader curriculum, so that parents are able to compare the sports provision between schools, both within and beyond the school day. Here is a link to the sports section on our school website:

<http://www.aqueductprimary.co.uk/statutory-information/sports-premium/>

Health and Safety

Everyone has a duty under health & safety guidelines to ensure PE activities are carried out with due regard to the safety of staff and pupils in line with school, Local Authority and Health & Safety Policies. Reference should be made to the school's Risk Assessments.

- Staff should carry out risk assessments with the children at the start of all PE lessons.
- All equipment, apparatus and environment should be checked before the start of every lesson by the teacher/coach and is the responsibility of the teacher/coach.
- Children should be given health and safety guidance throughout the lesson.

- All jewellery should be removed and stored safely before each lesson.
- If children wear stud earrings they should be taken out by the child. If this is not possible, the child should be given tape to cover their earrings. Children must place and remove the tape independently.
- All long hair should be tied back.
- Suitable clothing should be worn for each lesson.
- All children taking part in indoor Gymnastics for PE should be bare foot during the session.
- For indoor Gymnastics for PE, children should walk to the hall with suitable footwear on.
- All children with verruca's should cover them with a waterproof plaster or leave socks on.

When travelling to a sports event, the appropriate risk assessments are completed and the followed issues addressed:

- All children and adults to wear seat belt.
 - All supervising adults to be aware of risk implications.
 - All supervising adults that attend hold a current DBS.
 - All transporting adults to be fully insured.
 - Parents' permission for taking children out of school obtained.
- Safe-practice standards are consistently applied by staff, students and other visitors, across all aspects of the school.

Assessment and Recording

Pupil's progress will be monitored by the sports teacher during outdoor PE sessions. This will support with all staff being able to set realistic goals for their pupils based on their strengths and weaknesses in line with national guidance. At the end of each outdoor unit, there will be an indication of which children are working towards, working at or exceeding national expectations.

PE long term plan

cycle 1

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
YR Y1 Y2	Indoor – Throwing and catching Outdoor – Throwing and catching	Indoor - Aiming at a target Outdoor – Travelling and receiving the ball	Indoor – Gymnastics (mat work and equipment) Outdoor – Travelling with the ball (bouncing)	Indoor – Dance Outdoor – Striking the ball	Indoor – Health related exercise (how does exercise effect the body?) Outdoor - Athletics	Indoor – adventure and activities (orienteering) Outdoor sports day preparations and practice
Y3 Y4	Indoor – Sportshall Athletics Outdoor – Tag Rugby	Indoor – Archery Outdoor - Hockey	Indoor – Dodgeball Outdoor – Basketball	Indoor – Dance Outdoor – Tennis	Indoor – Gymnastics Outdoor – Rounders	Indoor – Outdoor adventure and activities (orienteering) Outdoor – Athletics
Y5 Y6	Indoor – Sportshall Athletics Outdoor – Tag Rugby	Indoor – Archery Outdoor - Hockey	Indoor – Dodgeball Outdoor – Basketball	Indoor – Dance Outdoor – Tennis	Indoor – Gymnastics Outdoor – Rounders	Indoor – Outdoor adventure and activities (orienteering) Outdoor – Athletics